

## *7-Day Cob + Straw Immersion Details*

### **Arrival:**

Ideal arrival time is between 3:00 PM and 7:00 PM on Saturday evening, or between 7:00 AM and 8:30 AM Sunday morning. Other arrival times can work, but please communicate with us about these times.

There will be *no dinner offered on Saturday night*; there are some restaurants within 15 minutes of here, or you can bring your own food and enjoy a meal in our dining/community building. Our first official meal will be breakfast (with coffee!) on Sunday, at 8:00 AM.

### **Arriving by plane:**

If you are arriving to the airport, we can send someone to pick you up for an additional fee of \$65 each way.

### **Things to prepare for:**

- getting really dirty
- being around bugs + wildlife
- checking for ticks daily
- being physically exhausted (cob is heavy!)

### **What to consider bringing:**

- water bottle
- multiple shoes (people usually love having Crocs, or other slip-ons)
- enough clothes
- sunscreen + sunglasses
- work gloves
- bug repellent (especially to help with ticks – we like “Buzz Away Extreme”)
- tent and sleeping gear (if you rent a cottage, bedding will be provided)
- camera
- notebook
- musical instruments are welcome

### **Pets:**

We ask that you do not bring any pets. We have some farm animals here, as well as our own dog and cats. Outside animals can complicate things. We are willing to make exceptions in specific cases, so feel free to contact us if needed.

## **Amenities:**

- campsites are primitive – we have flat sites in both sunny and shady spots
- hot showers available
- 2 compost toilets available (bucket style system)
- pond for swimming!
- Washtubs for basic clothes washing (Laundromats in town)
- Electricity available

## **Closing Ceremony**

We will be ending our workshop with a cob oven pizza party, and then a final closing ceremony. On our final day, the post-lunch schedule will be as follows:

2:00 – final Q+A about all natural building topics

3:30 – clean up our building site and tools

5:00 – begin cooking pizzas!

At dusk: closing ceremony/blessing our building

## **Departure**

Ideal time for departure is on Sunday morning, sometime before noon. There will be no meals provided on Sunday.

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## **Proposed Schedule (subject to change based on weather and other factors):**

### Sunday

- mixing cob by foot
- applying cob
- discussion: cob basics

### Monday

- mixing and applying more cob
- beginning strawbale installation
- discussion: foundations

### Tuesday

- roundpole roof framing
- mixing cob by machine
- continued strawbale installation
- install window/door frames
- discussion: siting/design

### Wednesday

- hands-on experience with rubble-trench foundation (for a garden wall)
- slip-straw installation
- wattle-and-daub installation
- applying adhesion coat on strawbales
- discussion: thermal properties of cob, strawbale, and other wall systems

### Thursday

- continue slip-straw + wattle-and-daub
- mixing/applying scratch plaster on strawbales
- harvesting and processing roundwood from the forest
- LOCAL NATURAL HOME TOUR!

### Friday

- basic roundpole post and beam framing
- install roof decking + prepare deck for roof line
- continue plastering strawbales
- discussion: roof options

### Saturday

- install roof liner
- install windows
- plaster details
- discussion: final Q+A
- clean-up site
- *Pizza party and closing ceremony!!*